



# Good Easter NEWSLETTER

Friday 24th April 2020

THIRD EDITION

## A message from Good Easter Parish Council

During these unprecedented and hard times we would like to remind all the villagers of the importance of following the government rules..

We have a significant population of vulnerable people within the community and having COVID - 19 spread in the village would have a devastating impact.

Being a small village in the country doesn't mean we are immune, we have had a few cases reported. Fortunately all affected are ok, and followed government guidelines. But to minimise any further spread. We please ask everyone, stay at home, only leave if absolutely essential and do not allow non-residents to visit for non essential reasons..

We understand this is difficult, we are all in this together, no individual is special, many are missing birthdays, anniversaries or other special occasions. We will all have time to celebrate together when this is over but for now it is vital we all do our bit to help. Stay at home, protect the NHS, save lives.



## Good Easter Village Hall



One good outcome from all the self isolation has been the time to do a couple of jobs to cheer up the village.

Firstly the photos above show the tree next to the village hall in full splendour, once all the ivy that had accumulated over the last thirty years had been stripped out. Also the village hall has been painted, the external light installed, the roses are looking healthy and will be in full bloom in a few weeks, when hopefully everyone will be able to socialise a bit more



## I'M VERY GOOD AT QUEUING!

I'm getting lots of practice shopping for my food. I'm really very patient, And never, ever rude!



B.G



## THE SNOGGLEBREAD

Thank you Pip, who has sent in his fantastic drawing of his Snogglebread based on the poem last edition. Well done Pip, well love it.

## ANNOUNCEMENTS

Happy 38th Birthday Edd Stephenson  
On Wednesday 29th April

Happy Birthday Mark Willsher. On  
Friday 24th April

Do you have an announcement you'd like to share! A Birthday! Anniversary, Engagement, Let us know.

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VE DAY

## VE DAY CELEBRATIONS FRI 8th MAY

Sadly due to the announcement of extended lockdown we will be postponing our VE Day Celebrations on Fri 8th May as planned. However we feel that some aspects of this important day can still take place, So please all join us from your gardens

### 2:55pm : The Playing of the Last Post

We will be playing the Last Post, this we hope to play loud enough for many to hear, but please feel free to play it also, anyone with trumpets, cornets may consider joining in from the safety of your front garden

### 3pm : The Nation's Toast to the Heros of WW II

We would very much like to encourage you all to take part in the Nations Toast from your homes. We invite you to stand and raise a glass to the following toast "**For those that gave so much, we thank you**"

This will be the first time such a tribute has ever taken place so please let it be an afternoon to remember, so after our toast lets applaud, whistle, and make some noise, all in honour



## CHOCOLATE QUIZ ANSWERS

Here are the long awaited answers.

How many have you got right!....

- |                     |                            |
|---------------------|----------------------------|
| 1. After Eight      | 2. Mars Bars               |
| 3. Black Magic      | 4. Milk Tray               |
| 5. Matchmaker       | 6. Roses                   |
| 7. Flake            | 8. Moonlight               |
| 9. Kit Kat          | 10. Quality Street         |
| 11. Milky Way       | 12. Galaxy                 |
| 13. S(nicker)s      | 14. Picnic                 |
| 15. Turkish Delight | 16. Topic                  |
| 17. Yorkie          | 18. Ripple                 |
| 19. Bounty          | 20. Fruit & Nut<br>Cadbury |

## CHEWY FLAPJACKS

6oz/170g any sugar

6oz/170g butter

3oz/2tbsp golden syrup

9oz/255g porridge oats

(Handful of fruit/nut/choc chips optional)



### Method

\* PreHeat the oven to 160c Fan/ 180c conventional/ 325F.

\* Grease a shallow tin about 15-20cm, and line with grease proof covering sides.

\* Gentle heat the butter, sugar and golden syrup til the grit has gone out of the mixture and is runny.

\* Take of the heat and add oats, turning over and over to cover all with mixture. Then scrape into the lined tin and bake for about 20-25mins until golden. There will be a wobble in the mixture.

\* Some dont take it out at this stage as they think its raw, but once cooled the are perfect and chewy.

\* If you want more of a breakfast bar add any dried fruit,nut or seeds. Or chocolate chips add about a handful of mixture and mix in before baking.

\* Once out of oven cut into squares od choice when slightly warm but keep in tin, once cool remove and break squares and break. and enjoy

## ONLINE NEWSLETTER EDITION

In order to try and cut down paper use, and do our bit to protect trees, all our newsletters are available online. via facebook good easter village community group , or Mygoodeaster.co.uk, can be emailed on request, and on noticeboards. we are aware not all can access online or prefer hardcopies and for those we will continue delivering to. But we would be extremely grateful if you are happy to recieve online please spare a few minutes and me know. contact details to your right

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## Mindfulness

As we're living in strange times at the moment, we are all under different types of stress and occasionally, may find it a struggle to maintain a settled mindset. Mindfulness can help, as it brings about an awareness of thoughts, and emotions, aswell as the effect they can have on the body. It encourages you to observe these feelings without judgement and learn/refresh skills to become more calm and positive.

I am a Mindfulness/laughter Practioner and through music, meditation, movement, nature and hopefully a little humour, I would like to offer my services, in confidence, to anyone who feels they might benefit from this. For more details contact Alex. Mob: 07889 885412



## 10 GREEN PARISHES



Are you interested in going a little greener during our time in isolation? Then you might be interested in our group 10 Green Parishes. It is a little group where we come together to learn and share ideas on how to do our bit in tackling the climate emergency across our lovely 10 parishes, including the Rodings, the Easters and Great Canfield. Once the lockdown is lifted and we head back to normality you will also see other projects coming back to life, such as the wildflower meadow area on the Good Easter Sports Field and various workshops, such as 'make do and mend' or 'wastebusters'. For now though, the group is busy sharing ideas but we would love more input. Have you planted a space for wildlife? Are you growing your own veg? Maybe you have spent some of your newfound time sewing reusable face clothes or getting on top of your recycling. We would love to see how you might be doing your bit to green up your homes and outdoor spaces.

## LOCAL SERVICES/FOOD SUPPLY

**SHOPPING:** If you are unable to access online shopping and need essential groceries our volunteers are here to help. we kindly ask if any shopping lists can be given to one of our volunteers by MONDAYS for mid week delivery and THURSDAYS for a weekend delivery,

**PERSCRPTIONS:** If you are isolating & unable to collect your perscription from Writtle. If you contact the surgery, request for it to be added to the 'Good Easter Box' and delivery will be arranged for Fridays, but please let us know if urgently needed

Home produced beef, also millers so flour for sale. all enquiries: Adam Marriage 07786583142

**Bedfords Farm Beef** Butchers. Tel 01245 231331. www.greatgarnetts.co.uk

**Garnetts** Butchers. Tel 01245 231331. www.greatgarnetts.co.uk

**Meat & Cleaver** . 01279 876575. www.meatandcleaver.co.uk

**Fullers Family Foodhall** brets farm, fruit, veg 01279 876189

**Fresh fruit & Veg Co. Chelmsord.** Free Delivery, selection boxes . 07454019094

**Grenville Nurseries** www.grenvillenurseries.co.uk Tel: 01245 420400.

**Round of Apaws** Pet Supplies. Bretts Fm 07488298978

**SEND IN YOUR STORIES,, DRAWINGS. ETC. & WE'LL ADD THEM TO YOUR NEWSLETTER.**

Marie Stephenson

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